Elementary School Counseling Preliminary Action Plan

Addressing the ASCA National Standards

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| **Activity/****Strategy** | **Grade Level** | **ASCA Domain/Standard** | **Start/****End** | **Students Affected** | **Process****\*I C R S** | **Measurable** **Indicators** **of Success** |
| **Individual Counseling** | K-4 | **Academic** *Standard A*:  Competency A1, A2, A3 and all included sub categories *Standard B*:  Competency B1- A:B1.1, A:B1.4, A:B1.7 Competency B2- A.B2.1, A:B2.4, A:B2.5, A:B2.6*Standard C*:  Competency C1- All**Career** *Standard A*: Competency A1- C:A1.4, C:A1.5, C:A1.6, C:A1.7, C:A1.10 Competency A2- C:A2.7, C.A2.8, C.A2.9*Standard B*: N/A*Standard C*: Competency C1- C:C1.1, C:C1.2, C:C1.3, C:C1.7 Competency C2- C:C2.1, C:C2.2, C:C2.3**Personal/Social***Standards A, B & C,* and all competencies (including sub categories are addressed).   | September-June | Referral only | R | 1. Academic improvement (grades, teacher report).
2. Behavioral improvement (decrease in frequency of behavior, teacher/self report).
3. Pre-post self-evaluations
4. Clinical observation as it pertains to CSE goals
5. Monitoring of formal behavior plans.
 |
| **Mediation** **Groups** | K-4 | **Personal/Social***Standard A*:  Competency A1- PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8,  PS:A1.9 Competency A2- PS:A2.2, PS:A2.6, PS:A2.7, PS:A2.8*Standard B*: Competency B1- PS:B1.1, PS:B1.2, PS:B1.3, PS:B1.6,  PS:B1.B1.12*Standard C*: Competency C1- PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6,  PS:C1.7, PS:C1.10, PS:C1.11  | September- June as needed | Referral only | R | 1. Monitor future interactions between referred students (look for increased positive interaction).
 |
| **4TH Grade** **Lunch Bunch** **Groups** | 4 | **Academic** *Standard A*:  Competency A1- A:A1.1, A:A1.2, A:A1.3, A:A1.5 Competency A2- A:A2.2 Competency A3- A:A3.1, A:A3.5*Standard B*:  Competency B1- A:B1.1, A:B1.7 Competency B2- A:B2.1, A:B2.2, A.B2.6, A.B2.7*Standard C*:  Competency C1- A:C1.13, A:C1.4, A:C1.5, A:C1.6**Career** *Standard A*: Competency A1- C:A1.3, C:A1.4, C:A1.6,  Competency A2- C:A2.7. C:A2.8*Standard B*:  Competency B1- N/A Competency B2- N/A*Standard C*: Competency C1- C:C1.1, C:C1.2, C:C1.3, C:C1.5, C:C1.7 Competency C2- N/A**Personal/Social***Standard A*: Competency A1- PS:A1.2, PS:A1.3, PS:A1.9, PS:A1.10 Competency A2- PS:A2.2, PS:A2.6,PS:A2.7Standard B: Competency B1- PS:B2.2PS:B1.9, PS:B1.10Standard C: Competency C1- N/A | September-June. Each group will meet every 6 weeks. | 82 | R & C | 1. Academic goal setting activity and year-end review.
2. Ability to discuss a chosen career path and cite the educational path he/she needs to achieve his/her career goal.
3. Counselor observation of skills
 |
| **3rd Grade** **Girls Groups** | 3 | **Academic***Standard A*:  Competency A1- A:A1.1, A:A1.2, A:A1.3, A:A1.4, A:A1.5 Competency A2- A:A2.2, A:A2.3 Competency A3-A:A3.4*Standard B*:  Competency B1-A:B1.1, A:B1.3, A:B1.7 Competency B2- N/A*Standard C*:  Competency C1- A:C1.4, A:C1.6**Personal/Social***Standard A*: Competency A1- PS:A1.2, PS:A1.3, PS:A1.9, PS:A1.10 Competency A2- PS:A2.2, PS:A2.6,PS:A2.7Standard B: Competency B1- PS:B2.2PS:B1.9, PS:B1.10Standard C: Competency C1- N/A | Bi-weekly | Varies10-15 students annually | R& C | 1. Pre/post self-evaluation
2. Academic progress monitoring (grades/teacher report
3. Pre/post self-evaluation of self-esteem and self-efficacy
4. Self-report/ teacher report
 |
| **Social Skills** **Groups (K-4)** | K-4 | ***Academic*** *Standard A*:  Competency A1- A:A1.2, A:A1.3, A:A1.4, A:A1,5 Competency A2- N/A Competency A3- A:A3.1, A:A3.2*Standard B*:  Competency B1- A:B1.1, A:B1.7 Competency B2- A:B2.6*Standard C*:  Competency C1- A:C1.5**Personal/Social***Standard A*: Competency A1- ALL Competency A2- ALL*Standard B*: Competency B1- PS:B1.1, PS:B1.2, PS:B1.3, PS:B1.4,  PS:B1.5, PS:B1.6, PS:B1.8*Standard C*: Competency C1- PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6,  PS:C1.7, PS:C1.9, PS:C1.10, PS:C1.11 | Weekly/Bi-weekly | Referral only | R & C | 1. Decrease in behavior as recorded on behavior plan.
2. Self-report/

teacher report/ parent report1. Counselor observation
 |
| **Challenge** **Day** | 4 | **Personal/Social***Standard A*: Competency A1- PS:A1.4, PS:A1.6. PS:A1.7,PS:A1.9 Competency A2- PS:A1.1, PS:A1.2, PS:A1.3, PS:A1.4 PS:A1.6, PS:A2.7, PS:A2.8*Standard B*: Competency B1- PS:B1.2, PS:B1.7, PS:B1.8*Standard C*: Competency C1- PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5 PS:C1.7 | One day in December or January annually | 82 | C | 1. Student reflection activity
2. Amount of discipline referrals related to bullying after the event
 |
| **Random** **Acts of** **Kindness** **Week** | K-4 | **Personal/Social***Standard A*: Competency A1- PS:A1.1, PS:A1.6 Competency A2- PS:A2.6, PS:A2.8*Standard B*: Competency B1- N/A*Standard C*: Competency C1- N/A | One week in January | 384 | C | 1. Completion of RAK Challenge at individual grade levels.
2. Increase in observable acts of kindness.
 |
| **Planning** **Your** **Future** **Day** | 4 | **Academic** *Standard A*:  Competency A1- A:A1.2, A:A1.5 Competency A2- A:A2.2 Competency A3- N/A*Standard B*:  Competency B1- A.B1.1, A.B1.4 Competency B2- A.B2.4, A.B2.6, B:B2.6*Standard C*:  Competency C1- A:C1.4, A:C1.6**Career** *Standard A*: Competency A1-C.A1.2, C:A1.7 Competency A2- C:A2.7, C:A2.8*Standard B*:  Competency B1: C:B1.2 Competency B2: N/A*Standard C*: Competency C1- C:C1.1, C.C1.2,C:C1.3, C:C1.5, C:C1.7 Competency C2- N/A**Personal/Social***Standard A*: Competency A1-PS:A1.1, PS:A1.2 Competency A2- N/A*Standard B*: Competency B1- PS:B1.9*Standard C*: Competency C1- N/A | One day in May annually | 82 | C | 1. Student reflection activity
 |
| **KidsKamp/****Challenge Week** | 5th & 8th | **Academic** *Standard A*:  Competency A1- A:A1.5 Competency A2- A:A2.2 Competency A3-A:A3.1, A:A3.2*Standard B*:  Competency B1-A:B1.1, A:B1.7 Competency B2- A:B2.6, A:B2.7*Standard C*:  Competency C1- A:C1.6**Career** *Standard A*: Competency A1- C:A1.3, C:A1.4, C:A1.6, C:A1.7 Competency A2- C.A2.7*Standard B*:  Competency B1-C:B1.2, C:B1.3 Competency B2- C:B2.1, C:B2.2*Standard C*: Competency C1- C:C1.1,C:C1.2, C:C1.2, C:C1.7 Competency C2- C:C2.1, C:C2.2, C:C2.3**Personal/Social***Standard A*: Competency A1- PS:A1.1, PS:A1.2 PS:A1.3, PS:A1.9, PS:A1.10 Competency A2- PS:A2.2,PS,A2.3, PS:A2.6, PS:A2.7,  PS:A2.8*Standard B*: Competency B1- PS:B1.2, PS:B1.9,PS:B1.10, PS:B1.12*Standard C*: Competency C1- N/A | Two one week sessions in August | 30-40 | C | 1. Career path/future planning assessment piece (Timeline or Footprint activity)
2. Self-report
3. Student reflection activity
4. Completion of elements during Beaver Camp experience.
5. Counselor observation
 |
| **Attendance at RTI and CSE meetings** | N/A |  | As needed | N/A | S | 1. Students indicated will improve performance
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Yearly School Counseling Curriculum

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| --- | --- | --- | --- | --- | --- |
| **Theme** | **Grade level** | **ASCA Domain Standard and Grade level**  | **Month** | **Students affected** | **How are results measured?** |
| **Responsibility** | K-4 | **Academic** *Standard A*:  Competency A1- A:A1.3, A:A1.5 Competency A2- N/A Competency A3-A:A3.1*Standard B*:  Competency B1- A:B1.1 Competency B2- N/A*Standard C*:  Competency C1- A:B2.6**Personal/Social***Standard A*: Competency A1- PS:A1.2, PS:A1.6, PS:A1.8,PS:A1.9 PS:A1.10 Competency A2- PS:A2.7*Standard B*: Competency B1- PS:B1.2*Standard C*: Competency C1- PS:C1.2 | September | 384 | 1. 100% Student participation
2. Report Card Goal Setting worksheet completed (3rd Grade).
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| **Goal Setting** | K-4 | **Academic** *Standard A*:  Competency A1- A:A1.1, A:A1.3, A:A1.5 Competency A2- N/A Competency A3- A:A3.1*Standard B*:  Competency B1- A:B1.1 Competency B2- A.B2.1, A:B2.6*Standard C*:  Competency C1- A.C1.4, A:C1.6**Career** *Standard A*: Competency A1-C:A1.6, C:A1.7 Competency A2- C.A2.7*Standard B*:  Competency B1- N/A Competency B2- N/A*Standard C*: Competency C1- C:C1.1 Competency C2- N/A**Personal/Social***Standard A*: Competency A1- PS:A1.3 Competency A2- N/A*Standard B*: Competency B1- PS:B1.9*Standard C*: Competency C1- N/A | September,June | 384 | 1. Completion of Academic, Career, and Personal Goal Worksheet in June, (K-4)
2. 100% student participation.
 |
| **Nine Winning Practices** | 4 | **Academic** *Standard A*:  Competency A1- A:A1.1, A:A1.3, A:A1.5 Competency A2- N/A Competency A3-A:A3.1*Standard B*:  Competency B1- A:B1.1, A:B1.7  Competency B2- A:B2.6*Standard C*:  Competency C1- A:C1.4. A:C1.6**Career** *Standard A*: Competency A1- C.A1.7 Competency A2- N/A*Standard B*:  Competency B1- N/A Competency B2- C:B2.1*Standard C*: Competency C1- C:C1.1, C:C1.2 Competency C2- N/A**Personal/Social***Standard A*: Competency A1- PS:A1.2, PS:A1.10 Competency A2- N/A*Standard B*: Competency B1- PS:B1.2*Standard C*: Competency C1- N/A | SeptemberMay/June | 82 | 1. Completion of Nine Winning Practices Reflection Activity
 |
| **Respect** | K-4 | **Personal/Social***Standard A*: Competency A1- PS:A1.2, PS:A1.6, PS:A1.7, PS:A1.8 PS:A1.9 Competency A2- ALL*Standard B*: Competency B1- PS.B1.2,PS:B1.4, PS:B1.5, PS:B1.7 *Standard C*: Competency C1- PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6,  PS:C1.10, PS:C1.11 | NovemberDecember | 384 | 1. 100% student participation
 |
| **Tolerance/Acceptance** | K-4 | **Personal/Social***Standard A*: Competency A1- PS:A1.2, PS:A1.6, PS:A1.7, PS:A1.8 Competency A2- ALL*Standard B*: Competency B1- PS:B1.7 *Standard C*: Competency C1- N/A | NovemberDecember | 384 | 1. 100% student participation
 |
| **Caring/Kindness** | K-4 | **Personal/Social***Standard A*: Competency A1-PS:A1.2, PS:A1.5, PS:A1.6 Competency A2- PS.A2.1, PS:A2.3, PS:A2.6. PS:A2.7,  PS:A2.8*Standard B*: Competency B1- PS:B1.2 | January | 384 | 1. 100% Participation
 |
| **Friendship** | K-4 | **Personal/Social***Standard A*: Competency A1- PS:A1.1 Competency A2- PS:A2.6, PS:A2.8*Standard B*: Competency B1- PS:B1.2 | February | 384 | 1. 100% Participation
 |
| **Self-Esteem** | K-2 | **Personal/Social***Standard A*: Competency A1- PS:A1.1, PS:A1.2, PS.A1.10 Competency A2- N/A | January | 229 | 1. 100% Student Participation
2. Students will name qualities they like about themselves.
 |
| **Tattling** | K-2 | **Personal/Social***Standard A*: Competency A1- PS:A1.6, PS:A1.8 Competency A2- PS:A2.8*Standard B*: Competency B1- PS:B1.2, PS:B1.3, PS:B1.5*Standard C*: Competency C1- PS:C1.7 | December | 229 | 1. 100 % Student participation
 |
| **Empathy** | 3 | **Personal/Social***Standard A*: Competency A1- PS.A1.2, PS:A1.5 Competency A2- PS.A2.2, PS.A2.8 | January | 79 | 1. 100% Student Participation
 |
| **Trustworthiness** | K-4 | **Personal/Social***Standard A*: Competency A1- PS.A1.1, PS:A1.2, PS:A1.6 Competency A2- N/A*Standard B*: Competency B1- PS.B1.2  | March | 384 | 1. 100% Student Participation
 |
| **Social Skills** | K-2 | **Personal/Social***Standard A*: Competency A1-PS:A1.6 Competency A2- PS:A2.6, PS:A2.7, PS:A2.8*Standard B*: Competency B1- PS:B1.2 | March | 229 | 1. 100% Participation
 |
| **Self-Motivation** | 3 | **Personal/Social***Standard A*: Competency A1- PS:A1.1, PS:A1.2 Competency A2- N/A*Standard B*: Competency B1- PS:B1.2, PS:B1.10 | March | 79 | 1. 100% Student

Participation 1. Completion of Motivational Strategies Worksheet
 |
| **Overcoming Obstacles** | 4 | **Personal/Social***Standard A*: Competency A1-PS:A1.1, PS:A1.2, PS.A1.9 Competency A2- N/A | March | 82 | 1. 100% Student Participation
 |
| **Fairness** | K-4 | **Personal/Social***Standard A*: Competency A1- PS:A1.2 Competency A2- N/A*Standard B*: Competency B1- PS:B1.2, PS:B1.3*Standard C*: Competency C1-  | April | 384 | 1. 100% Student participation
 |
| **Career Exploration** | K-4 | **Academic** *Standard A*:  Competency A1- A:A1.1, A:A1.2, A:A1.3, A:A1.5 Competency A2- N/A Competency A3- A:A3.2**Career** *Standard A*: Competency A1-C:A1.1, C:A1.2, C.A1.3, C:A1.7 Competency A2- N/A*Standard B*:  Competency B1-C:B1.2, C.B1.4, C:B1.5, C:B1.6 Competency b2- C:B2.1*Standard C*: Competency C1- C:C1.1, C:C1.2, C:C1.3, C:C1.4, C:C1.7 Competency C2- N/A **Personal/Social***Standard A*: Competency A1- PS:A1.1,   | AprilMayJune | 384 | 1. 100% participation
2. “My Name Is Not Isabella” Reflection Activity (3)
3. “Dream It, Do It” Career Plan Activity (3)
4. Completion of Career Interest Inventory and Reflection
5. (4)
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| **Citizenship** | K-4 | **Personal/Social***Standard A*: Competency A1-PS:A1.2 Competency A2- PS:A2.1 | May | 384 | 1. 100% participation
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**\* Key: I= Individual Planning, R= Responsive Services, C = Curriculum, S= Systems Support**