Elementary School Counseling Preliminary Action Plan

Addressing the ASCA National Standards

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| **Activity/**  **Strategy** | **Grade Level** | **ASCA Domain/Standard** | **Start/**  **End** | **Students Affected** | **Process**  **\*I C R S** | **Measurable**  **Indicators**  **of Success** |
| **Individual Counseling** | K-4 | **Academic**  *Standard A*:  Competency A1, A2, A3 and all included sub categories  *Standard B*:  Competency B1- A:B1.1, A:B1.4, A:B1.7  Competency B2- A.B2.1, A:B2.4, A:B2.5, A:B2.6  *Standard C*:  Competency C1- All  **Career**  *Standard A*:  Competency A1- C:A1.4, C:A1.5, C:A1.6, C:A1.7, C:A1.10  Competency A2- C:A2.7, C.A2.8, C.A2.9  *Standard B*: N/A  *Standard C*:  Competency C1- C:C1.1, C:C1.2, C:C1.3, C:C1.7  Competency C2- C:C2.1, C:C2.2, C:C2.3  **Personal/Social**  *Standards A, B & C,* and all competencies (including sub  categories are addressed). | September-June | Referral only | R | 1. Academic improvement (grades, teacher report). 2. Behavioral improvement (decrease in frequency of behavior, teacher/self report). 3. Pre-post self-evaluations 4. Clinical observation as it pertains to CSE goals 5. Monitoring of formal behavior plans. |
| **Mediation**  **Groups** | K-4 | **Personal/Social**  *Standard A*:  Competency A1- PS:A1.5, PS:A1.6, PS:A1.7, PS:A1.8,  PS:A1.9  Competency A2- PS:A2.2, PS:A2.6, PS:A2.7, PS:A2.8  *Standard B*:  Competency B1- PS:B1.1, PS:B1.2, PS:B1.3, PS:B1.6,  PS:B1.B1.12  *Standard C*:  Competency C1- PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6,  PS:C1.7, PS:C1.10, PS:C1.11 | September- June as needed | Referral only | R | 1. Monitor future interactions between referred students (look for increased positive interaction). |
| **4TH Grade**  **Lunch Bunch**  **Groups** | 4 | **Academic**  *Standard A*:  Competency A1- A:A1.1, A:A1.2, A:A1.3, A:A1.5  Competency A2- A:A2.2  Competency A3- A:A3.1, A:A3.5  *Standard B*:  Competency B1- A:B1.1, A:B1.7  Competency B2- A:B2.1, A:B2.2, A.B2.6, A.B2.7  *Standard C*:  Competency C1- A:C1.13, A:C1.4, A:C1.5, A:C1.6  **Career**  *Standard A*:  Competency A1- C:A1.3, C:A1.4, C:A1.6,  Competency A2- C:A2.7. C:A2.8  *Standard B*:  Competency B1- N/A  Competency B2- N/A  *Standard C*:  Competency C1- C:C1.1, C:C1.2, C:C1.3, C:C1.5, C:C1.7  Competency C2- N/A  **Personal/Social**  *Standard A*:  Competency A1- PS:A1.2, PS:A1.3, PS:A1.9, PS:A1.10  Competency A2- PS:A2.2, PS:A2.6,PS:A2.7  Standard B:  Competency B1- PS:B2.2PS:B1.9, PS:B1.10  Standard C:  Competency C1- N/A | September-June. Each group will meet every 6 weeks. | 82 | R & C | 1. Academic goal setting activity and year-end review. 2. Ability to discuss a chosen career path and cite the educational path he/she needs to achieve his/her career goal. 3. Counselor observation of skills |
| **3rd Grade**  **Girls Groups** | 3 | **Academic**  *Standard A*:  Competency A1- A:A1.1, A:A1.2, A:A1.3, A:A1.4, A:A1.5  Competency A2- A:A2.2, A:A2.3  Competency A3-A:A3.4  *Standard B*:  Competency B1-A:B1.1, A:B1.3, A:B1.7  Competency B2- N/A  *Standard C*:  Competency C1- A:C1.4, A:C1.6  **Personal/Social**  *Standard A*:  Competency A1- PS:A1.2, PS:A1.3, PS:A1.9, PS:A1.10  Competency A2- PS:A2.2, PS:A2.6,PS:A2.7  Standard B:  Competency B1- PS:B2.2PS:B1.9, PS:B1.10  Standard C:  Competency C1- N/A | Bi-weekly | Varies  10-15 students annually | R& C | 1. Pre/post self-evaluation 2. Academic progress monitoring (grades/teacher report 3. Pre/post self-evaluation of self-esteem and self-efficacy 4. Self-report/ teacher report |
| **Social Skills**  **Groups (K-4)** | K-4 | ***Academic***  *Standard A*:  Competency A1- A:A1.2, A:A1.3, A:A1.4, A:A1,5  Competency A2- N/A  Competency A3- A:A3.1, A:A3.2  *Standard B*:  Competency B1- A:B1.1, A:B1.7  Competency B2- A:B2.6  *Standard C*:  Competency C1- A:C1.5  **Personal/Social**  *Standard A*:  Competency A1- ALL  Competency A2- ALL  *Standard B*:  Competency B1- PS:B1.1, PS:B1.2, PS:B1.3, PS:B1.4,  PS:B1.5, PS:B1.6, PS:B1.8  *Standard C*:  Competency C1- PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6,  PS:C1.7, PS:C1.9, PS:C1.10, PS:C1.11 | Weekly/Bi-weekly | Referral only | R & C | 1. Decrease in behavior as recorded on behavior plan. 2. Self-report/   teacher report/ parent report   1. Counselor observation |
| **Challenge**  **Day** | 4 | **Personal/Social**  *Standard A*:  Competency A1- PS:A1.4, PS:A1.6. PS:A1.7,PS:A1.9  Competency A2- PS:A1.1, PS:A1.2, PS:A1.3, PS:A1.4  PS:A1.6, PS:A2.7, PS:A2.8  *Standard B*:  Competency B1- PS:B1.2, PS:B1.7, PS:B1.8  *Standard C*:  Competency C1- PS:C1.2, PS:C1.3, PS:C1.4, PS:C1.5  PS:C1.7 | One day in December or January annually | 82 | C | 1. Student reflection activity 2. Amount of discipline referrals related to bullying after the event |
| **Random**  **Acts of**  **Kindness**  **Week** | K-4 | **Personal/Social**  *Standard A*:  Competency A1- PS:A1.1, PS:A1.6  Competency A2- PS:A2.6, PS:A2.8  *Standard B*:  Competency B1- N/A  *Standard C*:  Competency C1- N/A | One week in January | 384 | C | 1. Completion of RAK Challenge at individual grade levels. 2. Increase in observable acts of kindness. |
| **Planning**  **Your**  **Future**  **Day** | 4 | **Academic**  *Standard A*:  Competency A1- A:A1.2, A:A1.5  Competency A2- A:A2.2  Competency A3- N/A  *Standard B*:  Competency B1- A.B1.1, A.B1.4  Competency B2- A.B2.4, A.B2.6, B:B2.6  *Standard C*:  Competency C1- A:C1.4, A:C1.6  **Career**  *Standard A*:  Competency A1-C.A1.2, C:A1.7  Competency A2- C:A2.7, C:A2.8  *Standard B*:  Competency B1: C:B1.2  Competency B2: N/A  *Standard C*:  Competency C1- C:C1.1, C.C1.2,C:C1.3, C:C1.5, C:C1.7  Competency C2- N/A  **Personal/Social**  *Standard A*:  Competency A1-PS:A1.1, PS:A1.2  Competency A2- N/A  *Standard B*:  Competency B1- PS:B1.9  *Standard C*:  Competency C1- N/A | One day in May annually | 82 | C | 1. Student reflection activity |
| **KidsKamp/**  **Challenge Week** | 5th & 8th | **Academic**  *Standard A*:  Competency A1- A:A1.5  Competency A2- A:A2.2  Competency A3-A:A3.1, A:A3.2  *Standard B*:  Competency B1-A:B1.1, A:B1.7  Competency B2- A:B2.6, A:B2.7  *Standard C*:  Competency C1- A:C1.6  **Career**  *Standard A*:  Competency A1- C:A1.3, C:A1.4, C:A1.6, C:A1.7  Competency A2- C.A2.7  *Standard B*:  Competency B1-C:B1.2, C:B1.3  Competency B2- C:B2.1, C:B2.2  *Standard C*:  Competency C1- C:C1.1,C:C1.2, C:C1.2, C:C1.7  Competency C2- C:C2.1, C:C2.2, C:C2.3  **Personal/Social**  *Standard A*:  Competency A1- PS:A1.1, PS:A1.2 PS:A1.3, PS:A1.9,  PS:A1.10  Competency A2- PS:A2.2,PS,A2.3, PS:A2.6, PS:A2.7,  PS:A2.8  *Standard B*:  Competency B1- PS:B1.2, PS:B1.9,PS:B1.10, PS:B1.12  *Standard C*:  Competency C1- N/A | Two one week sessions in August | 30-40 | C | 1. Career path/future planning assessment piece (Timeline or Footprint activity) 2. Self-report 3. Student reflection activity 4. Completion of elements during Beaver Camp experience. 5. Counselor observation |
| **Attendance at RTI and CSE meetings** | N/A |  | As needed | N/A | S | 1. Students indicated will improve performance |

Yearly School Counseling Curriculum

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| **Theme** | **Grade level** | **ASCA Domain Standard and Grade level** | **Month** | **Students affected** | **How are results measured?** |
| **Responsibility** | K-4 | **Academic**  *Standard A*:  Competency A1- A:A1.3, A:A1.5  Competency A2- N/A  Competency A3-A:A3.1  *Standard B*:  Competency B1- A:B1.1  Competency B2- N/A  *Standard C*:  Competency C1- A:B2.6  **Personal/Social**  *Standard A*:  Competency A1- PS:A1.2, PS:A1.6, PS:A1.8,PS:A1.9  PS:A1.10  Competency A2- PS:A2.7  *Standard B*:  Competency B1- PS:B1.2  *Standard C*:  Competency C1- PS:C1.2 | September | 384 | 1. 100% Student participation 2. Report Card Goal Setting worksheet completed (3rd Grade). |
| **Goal Setting** | K-4 | **Academic**  *Standard A*:  Competency A1- A:A1.1, A:A1.3, A:A1.5  Competency A2- N/A  Competency A3- A:A3.1  *Standard B*:  Competency B1- A:B1.1  Competency B2- A.B2.1, A:B2.6  *Standard C*:  Competency C1- A.C1.4, A:C1.6  **Career**  *Standard A*:  Competency A1-C:A1.6, C:A1.7  Competency A2- C.A2.7  *Standard B*:  Competency B1- N/A  Competency B2- N/A  *Standard C*:  Competency C1- C:C1.1  Competency C2- N/A  **Personal/Social**  *Standard A*:  Competency A1- PS:A1.3  Competency A2- N/A  *Standard B*:  Competency B1- PS:B1.9  *Standard C*:  Competency C1- N/A | September,  June | 384 | 1. Completion of Academic, Career, and Personal Goal Worksheet in June, (K-4) 2. 100% student participation. |
| **Nine Winning Practices** | 4 | **Academic**  *Standard A*:  Competency A1- A:A1.1, A:A1.3, A:A1.5  Competency A2- N/A  Competency A3-A:A3.1  *Standard B*:  Competency B1- A:B1.1, A:B1.7  Competency B2- A:B2.6  *Standard C*:  Competency C1- A:C1.4. A:C1.6  **Career**  *Standard A*:  Competency A1- C.A1.7  Competency A2- N/A  *Standard B*:  Competency B1- N/A  Competency B2- C:B2.1  *Standard C*:  Competency C1- C:C1.1, C:C1.2  Competency C2- N/A  **Personal/Social**  *Standard A*:  Competency A1- PS:A1.2, PS:A1.10  Competency A2- N/A  *Standard B*:  Competency B1- PS:B1.2  *Standard C*:  Competency C1- N/A | September  May/June | 82 | 1. Completion of Nine Winning Practices Reflection Activity |
| **Respect** | K-4 | **Personal/Social**  *Standard A*:  Competency A1- PS:A1.2, PS:A1.6, PS:A1.7, PS:A1.8  PS:A1.9  Competency A2- ALL  *Standard B*:  Competency B1- PS.B1.2,PS:B1.4, PS:B1.5, PS:B1.7  *Standard C*:  Competency C1- PS:C1.3, PS:C1.4, PS:C1.5, PS:C1.6,  PS:C1.10, PS:C1.11 | November  December | 384 | 1. 100% student participation |
| **Tolerance/Acceptance** | K-4 | **Personal/Social**  *Standard A*:  Competency A1- PS:A1.2, PS:A1.6, PS:A1.7, PS:A1.8  Competency A2- ALL  *Standard B*:  Competency B1- PS:B1.7  *Standard C*:  Competency C1- N/A | November  December | 384 | 1. 100% student participation |
| **Caring/Kindness** | K-4 | **Personal/Social**  *Standard A*:  Competency A1-PS:A1.2, PS:A1.5, PS:A1.6  Competency A2- PS.A2.1, PS:A2.3, PS:A2.6. PS:A2.7,  PS:A2.8  *Standard B*:  Competency B1- PS:B1.2 | January | 384 | 1. 100% Participation |
| **Friendship** | K-4 | **Personal/Social**  *Standard A*:  Competency A1- PS:A1.1  Competency A2- PS:A2.6, PS:A2.8  *Standard B*:  Competency B1- PS:B1.2 | February | 384 | 1. 100% Participation |
| **Self-Esteem** | K-2 | **Personal/Social**  *Standard A*:  Competency A1- PS:A1.1, PS:A1.2, PS.A1.10  Competency A2- N/A | January | 229 | 1. 100% Student Participation 2. Students will name qualities they like about themselves. |
| **Tattling** | K-2 | **Personal/Social**  *Standard A*:  Competency A1- PS:A1.6, PS:A1.8  Competency A2- PS:A2.8  *Standard B*:  Competency B1- PS:B1.2, PS:B1.3, PS:B1.5  *Standard C*:  Competency C1- PS:C1.7 | December | 229 | 1. 100 % Student participation |
| **Empathy** | 3 | **Personal/Social**  *Standard A*:  Competency A1- PS.A1.2, PS:A1.5  Competency A2- PS.A2.2, PS.A2.8 | January | 79 | 1. 100% Student Participation |
| **Trustworthiness** | K-4 | **Personal/Social**  *Standard A*:  Competency A1- PS.A1.1, PS:A1.2, PS:A1.6  Competency A2- N/A  *Standard B*:  Competency B1- PS.B1.2 | March | 384 | 1. 100% Student Participation |
| **Social Skills** | K-2 | **Personal/Social**  *Standard A*:  Competency A1-PS:A1.6  Competency A2- PS:A2.6, PS:A2.7, PS:A2.8  *Standard B*:  Competency B1- PS:B1.2 | March | 229 | 1. 100% Participation |
| **Self-Motivation** | 3 | **Personal/Social**  *Standard A*:  Competency A1- PS:A1.1, PS:A1.2  Competency A2- N/A  *Standard B*:  Competency B1- PS:B1.2, PS:B1.10 | March | 79 | 1. 100% Student   Participation   1. Completion of Motivational Strategies Worksheet |
| **Overcoming Obstacles** | 4 | **Personal/Social**  *Standard A*:  Competency A1-PS:A1.1, PS:A1.2, PS.A1.9  Competency A2- N/A | March | 82 | 1. 100% Student Participation |
| **Fairness** | K-4 | **Personal/Social**  *Standard A*:  Competency A1- PS:A1.2  Competency A2- N/A  *Standard B*:  Competency B1- PS:B1.2, PS:B1.3  *Standard C*:  Competency C1- | April | 384 | 1. 100% Student participation |
| **Career Exploration** | K-4 | **Academic**  *Standard A*:  Competency A1- A:A1.1, A:A1.2, A:A1.3, A:A1.5  Competency A2- N/A  Competency A3- A:A3.2  **Career**  *Standard A*:  Competency A1-C:A1.1, C:A1.2, C.A1.3, C:A1.7  Competency A2- N/A  *Standard B*:  Competency B1-C:B1.2, C.B1.4, C:B1.5, C:B1.6  Competency b2- C:B2.1  *Standard C*:  Competency C1- C:C1.1, C:C1.2, C:C1.3, C:C1.4, C:C1.7  Competency C2- N/A  **Personal/Social**  *Standard A*:  Competency A1- PS:A1.1, | April  May  June | 384 | 1. 100% participation 2. “My Name Is Not Isabella” Reflection Activity (3) 3. “Dream It, Do It” Career Plan Activity (3) 4. Completion of Career Interest Inventory and Reflection 5. (4) |
| **Citizenship** | K-4 | **Personal/Social**  *Standard A*:  Competency A1-PS:A1.2  Competency A2- PS:A2.1 | May | 384 | 1. 100% participation |

**\* Key: I= Individual Planning, R= Responsive Services, C = Curriculum, S= Systems Support**